

## UGANDA VOLUNTEERING 2010

*The Namuwongu Slums in Kampala, Uganda offers some of the worst living conditions for children on the planet. Without any hope of opportunities, children from the age of 3 or 4 work on dump yards picking up scraps to try and make enough money to feed themselves. Many of them did not have any educational opportunities before HOPE started to work in the area.*

*Hope for children fund two schools, a myriad of other health and education facilities and 3 counsellors in the area. After growing up in Kampala themselves, our counsellors; Immy, Joyce and Violet understand the hardships that the children face and communicate with them in a way like no other, often including the children's parents.*

*You will experience first hand, the work that Hope for Children supports. You will teach children, hear about their hardships and experience a culture completely different to your own. And all against the beautiful backdrop and rich culture of Uganda.*

*There are only 20 places available in this exclusive opportunity, so you will be enjoying the experience with like-minded individuals with one main thing in common—you all want to help disadvantaged children, and make a difference!*

## VOLUNTEER COMMENTS

"I loved being able to really experience what life is like for these children and see how happy they could be from the little things we were able to do for them."

"My fondest memory was the talent show we organised. The kids were so excited and had such a wonderful time."

"I saw almost immediate improvement with all of the children I worked with."

"The group were lovely; they had a brilliant work ethos."

"I feel privileged to have had the chance to come and see real Ugandan life and to have helped so many children."

"It has opened my eyes to the realities of living in a community such as Kampala."

"The children really want to learn and appreciate your help."

"I feel that the impact we made may be small but that it has played a part in reviving the community and the children have benefited substantially from our presence."

"Ending the trip with a little relaxation time certainly made everyone's lasting memories happy ones."

## PROGRAMME OPTIONS

SUMMER PROGRAMME	FLEXI-PROGRAMME
This is the programme described on the previous page. It is an 8 week fixed and structured programme which takes place for 8 weeks between July and September.	This is where you choose your own tailor-made programme, deciding yourself the level of accommodation and the type of programmes that you will be working on.
<b>TYPE OF WORK</b> You will be teaching and counselling. You will also be participating in HIV sensitization programmes and youth activism projects.	<b>TYPE OF WORK</b> Your choice! We have a range of projects that you can get involved with whether you are focused on HIV care, teaching, manual work or even leading drama classes, you can do any combination of types of work you like.
<b>WHEN</b> Typically from around the 10th July to the 4th or 5th September.	<b>WHEN</b> pretty much whenever!
<b>HOW LONG</b> 8 Weeks	<b>HOW LONG</b> 1-10 Weeks
<b>ACCOMODATION</b> You will get the experience of living with a local family for a portion of the trip. The rest of the time you will be in a local guesthouse.	<b>ACCOMODATION</b> You can choose if you would prefer to stay with a local family or in a guesthouse.
<b>WHO IS THIS FOR</b> This is a great programme for those looking to meet people and get experience on a wide selection of projects.	<b>WHO IS THIS FOR</b> This is fantastic for independent volunteers, family volunteering opportunities and corporate challenges.
<b>PRIOR EXPERIENCE</b> This is your chance to gain work experience within the international development charity sector in working with children. No experience required!	<b>PRIOR EXPERIENCE</b> Each case is different, but some prior teaching and international development experience is preferred.
<b>INDUCTION</b> You will receive an initial induction session. You will also receive training sessions from an experienced teacher who has a masters in teaching in developing countries.	<b>INDUCTION</b> Participants will receive tailored inductions based on their prior experience.

## COST OF THE PROGRAMME

Registration Fee: £100

Minimum Sponsorship: £2,500 (not including registration fee)

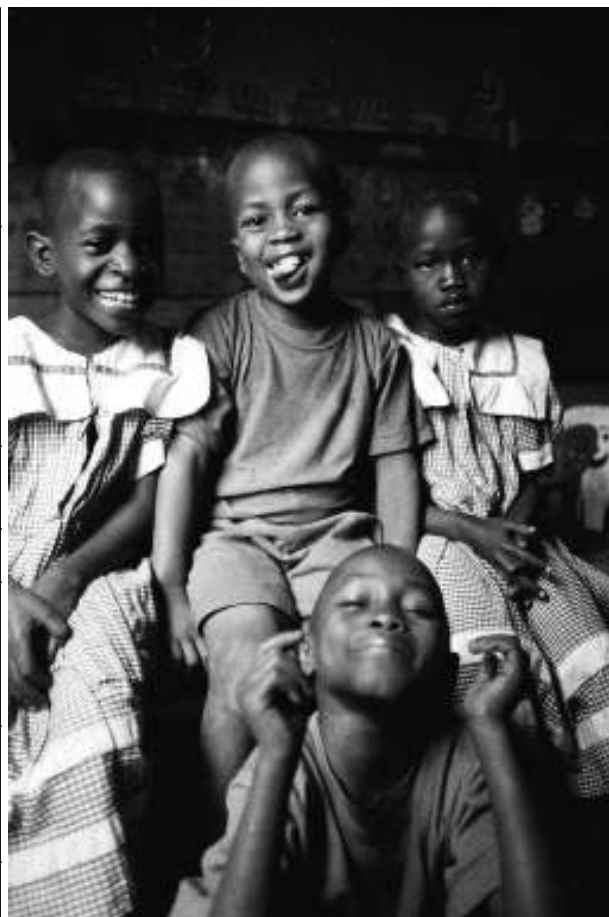
This will cover the costs of your programme including; flights, accommodation, transport, English speaking coordinator, food, drinks, modest spending allowance and day trips. You will also receive an orientation and some teaching lessons in the weeks prior to departure. This cost includes a £500 donation to the projects that you'll be working on.

You will need to take some spending money for evenings out, any activities that aren't listed on the itinerary and souvenirs. You will also be responsible for paying for your own Visa, travel insurance, vaccinations and medication, and travel to Heathrow airport.

\* The registration cost is the same for the flexi programme, and the summer programme. To get a quote for minimum sponsorship email William Byles—[williambyles@hope4c.org](mailto:williambyles@hope4c.org)

## CONTACT

If you are interested in any of the trips featured here, please don't hesitate to get in touch. For more information on the trips and bookings contact William Byles on 020 7159 3339 or [williambyles@hope4c.org](mailto:williambyles@hope4c.org)



Children at the Ray of Hope school, on our last trip.



One of the children at the Ray of Hope school, having his photo taken while trying to figure out long division.



## ITINERARY

*During the Hope for Children volunteer programme, you will help our counsellors carry out their social work and work as a teaching assistant. As the weeks go on, you will also help with painting, refereeing football games and leading drama groups. With plenty of time to absorb the rich and beautiful culture of Uganda.*

### WEEK 1

You will have some time to explore Kampala and tour the attractions in the wider local area; including the beautiful Lake Victoria and Sipi Falls. This will be a relaxed week to allow you time to adjust to the ways of Uganda and become acquainted with the group. You will also be given an introduction to some of the projects that you will be helping in the weeks to come.

### WEEK 2

You will be given a tour of the Namuwongu slums, where most of the community work is based. You will meet some of the families and community members who benefit from our work. You will be immersed in the culture of Kampala with a visit to a few bars and a club!

### WEEK 3

You will teach at St Barnabus School in Muyenga, following the lead of the teacher so that you can start getting to know the children.

### WEEK 4

You will work as a teaching assistant at Ray of Hope school which is situated in the slums of Namuwongu.

### WEEK 5

You will work with Kawempe Homecare Initiative, a centre caring for HIV positive people in Kampala - offering counselling and support to people who are living with, and affected by HIV.

### WEEK 6

After a weekend visit to Queen Elizabeth National Park, you will help at Sanyu Babies Home—a home set up to care for abandoned babies.

### WEEK 7

On this penultimate week, you will be working on a youth project in Kamala.

### WEEK 8

On the last week you will be free to work on the project of your choice. Perhaps one of them really inspired you! Or you could do a bit of travelling into Kenya or around Uganda.

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FOR CHILDREN  
*UK Registered Charity No. 1041258*